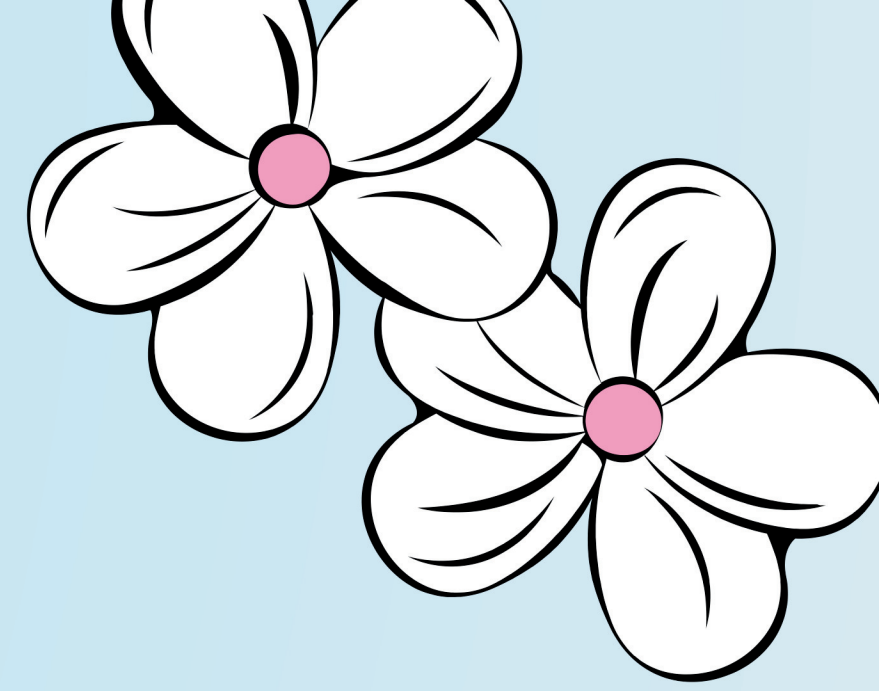


REDUCE YOUR RISKS

of stillbirth



In the third trimester:

- Count your baby's movements daily
- Sleep on your side
- Don't smoke
- Trust your instincts



If you feel something is not right, consult immediately.

Your maternity ward is open 24/7.

